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Care workers play a key role in ensuring their residents/patients are treated with a friendly and caring approach. Care workers have the ability to relate to people from a variety of backgrounds. After an investigation from the Care Quality Commission revealed that 424 out of 1,357 services in England are rated 'inadequate', the need for high quality trained care workers has never been greater.

## Benefits

Achieve a nationally recognised Level 2 qualification

Evidence your competency to employers

Further your personal and professional development

Learn at a time that suits you without the need to attend college

Ensure you understand the principles and practice of person-centred thinking, planning and reviews

## What you will learn

Understanding Person-Centred Thinking and Planning

Care Planning for the Care Worker

Understanding Nutrition and Hydration in Health and Social Care Settings

Principles of Supporting an Individual to Maintain Personal Hygiene

Understanding Continence Care

Principles of Supporting Sleep